

Detailed schedule **Week from monday .../.../20.. to .../.../20..**

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
8 H
15
30
45
9 H
15
30
45
10 H
15
30
45
11 H
15
30
45
12 H
15
30
45
13 H
15
30
45
14 H
15
30
45
15 H
15
30
45
16 H
15
30
45
17 H
15
30
45
18 H
15
30
45
19 H
15
30
45
20 H
15
30
45
21 H
15
30
45
22 H
15
30
45
23 H
15
30
45
24 H
15
30
45
1 H
15
30
Total TIME :							

- WP: Work / Practice
- RES: Rest
- SP: Sport
- WU: Warm-up
- OR: Orchestra
- REH: Rehearsal
- REC: Recording
- SR: Sight-reading
- AC: Accompaniment
- IM: Improvisation
- EX: Exams
- CL: Class
- : Concert

Working time per day :

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
6 H
45
30
15
5 H
45
30
15
4 H
45
30
15
3 H
45
30
15
2 H
45
30
15
1 H
45
30
15
0 H
	Mon	Tue	Wed	Thu	Fri	Sat	Sun

- 1 / Fill in each day according to time spent, time and pattern of instrumental practice.
- 2 / Fill in for each day of the week the total hour
- 3 / Take the total hours and indicate it with a dot in the table on the right and make a curve linking the points